

# Northern Cup



# Teck

## Northern Teck Cup #1 and 2020 Winter Games Zone 7

Saturday Dec.29, 2019



Under mild conditions and even a bit of light drizzle, 60 cross-country skiers challenged themselves on the course of the Bulkley Valley Cross Country Ski Club (BVCCSC) in the first race of the season for the Teck Northern Cup Series. This race also acted as the qualifier race the Northwest Zone for the 13- and 14-year-olds vying to get to the BC Winter Games being hosted this year in Fort St. John later in February.



Skiers from Terrace, Burns Lake, Prince George and Smithers converged to compete in this interval start classic technique race, meaning each skier was released individually to race against the clock. The above-zero temperatures meant that the waxing team tried their best to find the right combination of grip-and-glide features for their wax choices in these challenging conditions.

The youngest skier was 5-yr-old Myles Rosenberger who tackled the 0.7 km route with gusto. The young skiers had fun, and learned about the structure of a race. The youth racers were out to see how they fared in the first local race of the season, and see if they qualified for the bigger BC Winter Games competition. The top two skiers born in 2005 and 2006 get to move on to that illustrious event.

The skiers were rewarded with ribbons and medals provided by our sponsor, Teck Resources Limited.

Paula Bartemucci led the kitchen crew to provide a delicious lunch to the energy-depleted skiers and the volunteers. The BVCCSC is blessed with a strong team of volunteers to help events like this race run smoothly. Groomers were up into the wee hours the night before putting finishing touches on the trails, and other folks were up early marking the courses, setting up the timing and stadium infrastructure, and waxing the skis. The volunteer coaches also help provide key guidance to the skiers, to help our young team-members improve their skills, chart a race strategy, and cope with potential pre-race anxiety. The young skiers are great support for each other also, encouraging their club-mates.

Some BV Nordic ski team members will be travelling to Salmon Arm next weekend for the Teck BC Cup #1. The next local race is the Teck Northern Cup/ Chris Dahlie Open on February 16, and the Winter Games occur the following weekend on February 20-23 in Fort St .John.

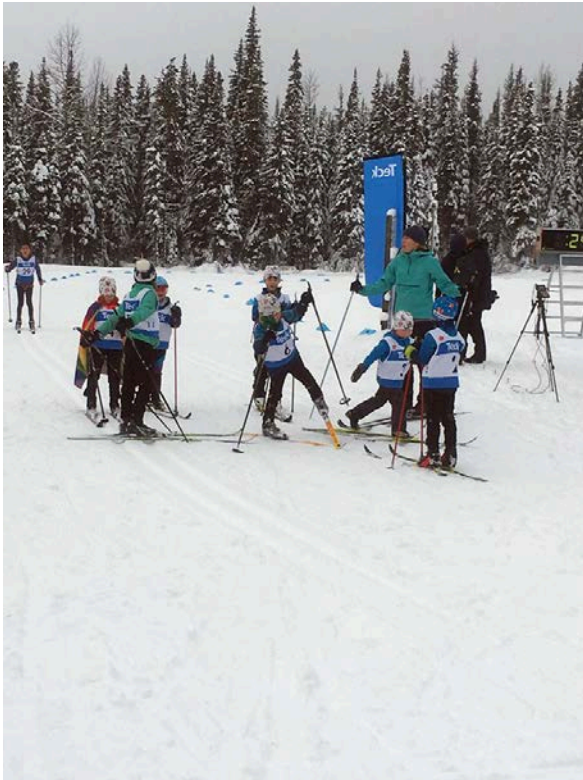
For race results, check here: <http://zone4.ca/results.asp?ID=9421&cat=all>

The littlest skiers, ready to start:

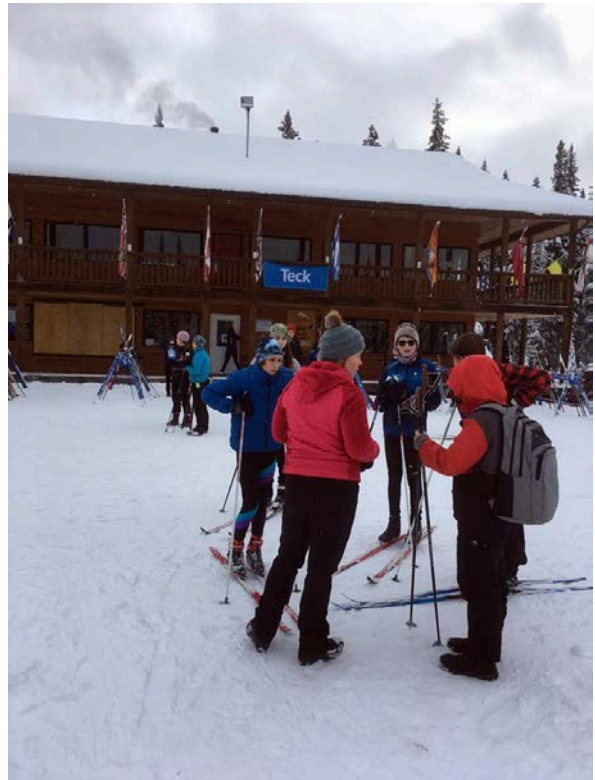




and at the finish line...



Coach Melanie Dumont addressing the U14/U16 Boys BV Nordic Team:



Madison Macdonald from Omineca Ski Club/Spirit North coming around the final bend:



Awards ceremony in front of BV Nordics ski lodge:



*Cross Country BC (CCBC), the provincial sport governing body for cross country skiing in British Columbia, is a not-for-profit, club-based organization of more than 18,000 members. CCBC offers programs and services to support the continuous development of cross country skiing for all ages and abilities, from introductory experiences to international excellence.*

*Teck Resources Limited is the title sponsor of CCBC's Skier Development Program, thereby supporting excellence in sport and providing youth with experiences that will help them prepare for the for the future. For more information on Cross Country BC, please visit [www.crosscountrybc.ca](http://www.crosscountrybc.ca).*



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